



2019 Winter Registration Opens October 1, 2019

Registration After November 1, 2019 will have an additional \$25.00 charge

Winter Tots 2016 & 2015 \$150 after Nov 1 \$175 Program Runs 15 weeks

Winter Tots is an engaging and fun introduction to Soccer for players born in 2016 and 2015. Each session is approximately 60 minutes in length, filled with enjoyable games and drills.

Parent or guardian participation is required.

Penticton	Saturday 9:00-10:00	Nov 9- Feb 29	Adidas Sportsplex 550 Eckhardt Ave Penticton
Oliver	Tuesday 5:00-6:00	Nov 5- Feb 25	SenPokChin 1156 Senpokchin Blvd Oliver

Winter Minis 2014 & 2013 \$150 after Nov 1 \$175 Program Runs 15 weeks

Winter Minis is an engaging and fun introduction to Soccer for players born in 2014 and 2013. Each session is approximately 60 minutes in length, filled with enjoyable games and drills.

Minis are advised to wear cleats and shin guards.

Penticton	Saturday 9:00-10:00	Nov 9- Feb 29	Adidas Sportsplex 550 Eckhardt Ave Penticton
Oliver	Tuesday 5:00-6:00	Nov 5- Feb 25	SenPokChin 1156 Senpokchin Blvd Oliver

Winter Youth 2012-2008 \$150 after Nov 1 \$175 Program Runs 15 weeks

Penticton	Saturday 10:00-11:00	Nov 9- Feb 29	Adidas Sportsplex 550 Eckhardt Ave Penticton
Oliver	Tuesday 6:00-7:00	Nov 5- Feb 25	SenPokChin 1156 Senpokchin Blvd Oliver

For an additional \$50 you can add one Excelsior practice a week

Register online www.pinnaclesfc.ca



Excelsior Academy 2010-2002

EXCELSIOR ACADEMY PROGRAM 2 TRAINING SESSIONS A WEEK (A)

2010-2002 Nov 4- Feb 29 \$400 AFTER Nov 1 \$425

2010-2002 Nov 4- Dec20 \$200 AFTER Nov 1 \$225

2010-2002 Jan 6- Feb 28 \$200 AFTER Jan 1 \$225

EXCELSIOR ACADEMY PROGRAM 1 TRAINING SESSION A WEEK (B)

2010-2002 Nov 4- Feb 29 \$200 AFTER Nov 1 \$225

2010-2002 Nov 4- Dec20 \$100 AFTER Nov 1 \$125

2010-2002 Jan 6- Feb 28 \$100 AFTER Jan 1 \$125

Winter training sessions will focus on the technical and fundamental components of the game and also on personal fitness of the players.

Running shoes will be required at each training session

Coaches for the Winter Program: Yann Calmets, Manuel Borba and Jamie MacFarlane

	BOY	GIRL
U11	2010,2009	2010,2009
U12	2008	2008
U13	2007	2007
U15	2006,2005	2006,2005
U17	2004,2003	
U18	NA	2004,2003,2002

NOV4-DEC20	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	U13B 5-6:30	U11G 4:30-6	U11B 4:30-6	U13G 5-6:30	U11B 4:30-6
	U15B 5-6:30	U12G 4:30-6	U12B 4:30-6	U15G 6-7:30	U12B 4:30-6
	U17B 6:30-8	U13G 5:30-7	U13B 5:30-7	U18G 6-7:30	U11G 5-6:30
		U15G 6:30-8	U15B 5:30-7		U12G 5-6:30
		U18G 6:30-8			U17B 6-7:30
JAN6-FEB28	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	U11B 4:30-6	U11G 4:30-6	U11B 4:30-6	U11G 4:30-6	U13G 4:30-6
	U12B 4:30-6	U12G 4:30-6	U12B 4:30-6	U12G 4:30-6	U15G 4:30-6
	U13B 5:30-7	U13G 5:30-7	U13B 5:30-7	U15B 6-7:30	U18G 5:30-7
	U15B 6:30-8	U15G 6:30-8		U17B 6-7:30	
	U17B 6:30-8	U18G 6:30-8			

****schedule may change based on Registration numbers.**

KEEPER TRAINING: BOYS THURSDAY 5-7 GIRLS WEDNESDAY 5-7

Register online www.pinnaclesfc.ca



Register online www.pinnaclesfc.ca